

YACHT SHIMONI - CREW BRIEF

If in doubt about absolutely anything, please ask.

Especially - where are we going, how are we getting there, what will it be like?!

MUST KNOW BEFORE DEPARTURE

Medical conditions (in confidence)

Sea sickness and remedies - if in doubt, take the pills!

Cold, heat and sun

Heeling - don't panic!

Fire: Actions on, Fire Extinguishers

MOB: Shout, point, press the MOB button, Dan Buoy and Horseshoe

Liferaft: launching and entering

Lifejackets: Explain, Fit, Adjust. Put on just before you fall overboard! Inexperienced/Non-Swimmers - all the time when at sea. Others - at night, reduced vis, when directed, if desired.

Lifelines and Jackstays: How to use, Strongpoints, Jackstays. When to use: short-handed, at night, reduced vis, rough weather, feeling insecure

Beware of the boom

Moving about: one hand for the boat, one for yourself. Keep low. Always use the windward side of the boat - fall in, not out.

Gas safety

Galley safety: scalds, oilies and gimbals

Seacocks

How to use the toilets: "not while the train is in the station", operation, holding tank, loo fluid, seacocks

Leaks, bungs and Stay-Afloat putty

First Aid Kit

Smoking Policy - quarterdeck only. Not when sails hoisted or being handled.

SHOULD KNOW - DURING DAY 1

MOB: heave to, sails, engine, lifesling, throwing line

The Grab Bag - PLB, GPS, Handheld VHF

Bilge pumps

Radio - Distress Calls

Be aware - keep a lookout all round and under the sail

Flares

Engine - how to start - and stop.

Winches - how to use safely

Liferaft: launching and entering

Radio - Pan-Pan Calls

Fenders - round turns and clove hitches

Ropes - let the cleat take the load - OXO

Preparing for sea: hatches and securing items below and on deck

Tidiness - don't put it down, put it away. Close lockers and secure. At sea, if it's not secure, it might fly.

Energy - turn off lights and appliances

Water - plenty aboard but be reasonable conservative in use.

Cleaning - as we go. How to clean heads and showers.

Stowage - domestic, food and drink

Oilies: when to wear. Alleged wet-locker is behind chart table so hang in heads when wet.

Galley roster

Daily Engine Checks

Dinghy: inflation and launching

Outboard: how to use

Torches - where to find

COULD KNOW - LATER

Ropes: coiling and stowing

Terminology

Mooring - warps and springs

Sails, sailing, trimming

Flag Etiquette, Ensign and Burgee

Marks

Lights

Chartplotter and AIS

VHF and DSC

Noise and rafting etiquette

Watches

Alcohol